



ZEN · ANICCA FAMILY OF GAMES · PARENT GUIDE

Set up your family's ZEN tablet, start to finish

A step-by-step guide for parents. Set up an Android 16 tablet, create your child's Google Account and supervise it with Google Family Link, add both parents, and install ZEN · ANICCA and ZEN · WAT LOKA so your child's progress is saved to their Google Account.



ZEN · ANICCA

Calm brain games built on Bokator, the Khmer martial art



ZEN · WAT LOKA 13+

Build your own Angkor temple world, stone by stone



1 · Before you start

What you need, and which path fits your child

2 · Tablet + child account

Android 16 setup and Family Link

3 · Add both parents

Invite and give parent permissions

4 · ZEN · ANICCA

Install and save progress

5 · ZEN · WAT LOKA

Install and save progress (13+)

6 · Help + checklist

Fixes, safety, family record

Gather these, then pick your path

You'll need

- A **ZEN-ready tablet**: any Android 16 tablet that is **Google Play Protect certified** (see the check below), charged to at least 50%.
- Your home **Wi-Fi name and password**.
- **Parent 1's Google Account** (Gmail). This parent becomes the **family manager**.
- **Parent 2's Google Account**. Both parents must be 18 or older and live in the same country as the child.
- A credit card, if Google asks to confirm parental consent. Google says there's no fee; a temporary authorization may appear and is usually removed within 48 hours.
- Parent 1's phone (Android or iPhone) for the free **Google Family Link** app.
- About **30–45 minutes**, with your child nearby.

Check the tablet is Play Protect certified

- 1 Open the **Play Store** app and tap your profile picture.
- 2 Tap **Settings** > **About**.
- 3 Under **Play Protect certification** it should say **Device is certified**.

Certified tablets get Google's security checks and the full Play Store. You can run this check after Part 2, once the tablet is set up.

Menu names vary a little between tablet makers. If a button in this guide looks slightly different, choose the closest match.

Which path fits your child?

PATH A

Under 13

Create a **supervised child account** during tablet setup. Google requires a parent to create it.

Apps: **ZEN · ANICCA**.

PATH B

13 and older

Your teen **creates their own account** during setup, then you add Family Link supervision together.

Apps: **ZEN · ANICCA** and **ZEN · WAT LOKA** (13+).

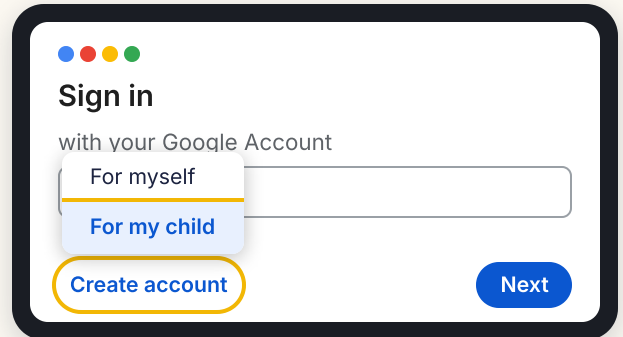
Ages follow Google's rules in the US. Some countries use a different age; the tablet will tell you which steps apply.

Set up the tablet and create your child's account

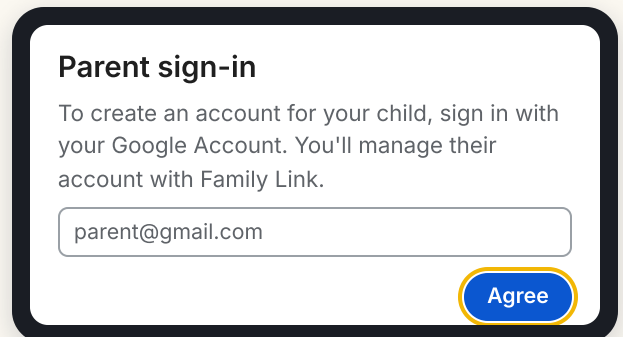
Do this on the new tablet, or after a factory reset. Google says it takes about 15 minutes.

- 1 **Turn on the tablet**, choose your language and tap **Start**.
- 2 **Connect to Wi-Fi**. If asked to copy apps and data, choose **Don't copy** to start fresh.
- 3 On the **Sign in** screen, tap **Create account** > **For my child**. Don't see it? Tap **More options** > **For my child**.
- 4 Enter your child's **name, birthday and gender**. Use their real birthday; Google sets the account up for their age.
- 5 Choose your child's **Gmail address** and a **password**. Write them in the family record on page 8.
- 6 **Sign in with your own Google Account** (Parent 1). Read the parent disclosure, then **give consent**. Confirm with a card if asked.
- 7 **Choose your child's settings**. Google walks you through apps, Google Play, YouTube and web filters. You can change all of them later in Family Link.
- 8 Set a **screen lock PIN** you and your child know, review the Google services choices, and finish.

Done when the home screen appears with your child's account. Family Link supervision is now on, and you'll get an email from Google.



Step 3 · Choose **Create account** > **For my child** (illustration)



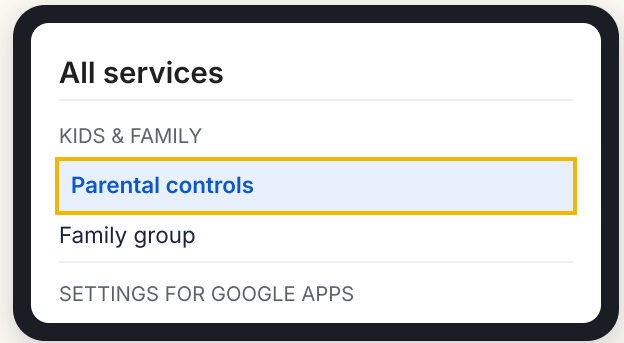
Step 6 · Parent signs in and gives consent (illustration)

2

TABLET SETUP · PATH B 13+

Teens: their account, your supervision

- 1 Follow steps 1–2 on the previous page. On the **Sign in** screen your teen taps **Create account** > **For myself** (or signs in with the Gmail they already have).
- 2 Finish setup until the home screen appears.
- 3 On the tablet, open **Settings** > **Google** > **All services**.
- 4 Under **Kids & Family**, tap **Parental controls** > **Let's do this**.
- 5 Tap your teen's account, then **sign in with your Google Account** (Parent 1).
- 6 Your teen reviews what you'll be able to see and manage, then **agrees**. Supervision only works with your teen's consent, so do this together.



Step 4 · Settings > Google > All services (illustration)



BOTH PATHS

Get Family Link on Parent 1's phone

- 1 On your own phone, install **Google Family Link** from the Play Store (Android) or the App Store (iPhone).
- 2 Open it and sign in with the **same Google Account** you used on the tablet. Your child appears at the top left.
- 3 From here you can set screen time, approve apps and purchases, and see the tablet's location. Some settings are also at **families.google.com**.



BOTH PARENTS

Link Parent 2 to your child's account

Only the family manager (Parent 1) can add a second parent. Parent 2 joins your Google family group first, then gets parent permissions.

A • Invite Parent 2 to the family group

- 1 Parent 1 opens **Family Link**, taps the child's profile at the top left, then **Manage family**.
- 2 Tap **Send invitations** and enter Parent 2's Gmail address. Send.
- 3 Parent 2 opens the email from Google and taps **Accept invitation**.

On a computer: go to **g.co/YourFamily** and choose **Send invitations**.

B • Give Parent 2 parent permissions

- 1 In Family Link, tap the child's profile > **Manage family**.
- 2 Tap Parent 2's name, then **Add parent privileges** and confirm.
- 3 Parent 2 installs Family Link on their own phone and signs in. They can now approve apps and manage settings too.

On a computer: **g.co/YourFamily** select Parent 2 > **Give parental permissions**.

Parent 2 can do almost everything the family manager can, but can't add or remove other parents. A family group holds up to 6 people.

Recommended Family Link settings for ZEN games

Approve downloads and purchases

Child's profile > **Controls** > **Google Play** > **Purchases & download approvals**. Choose **All content** to approve each app, or **Only paid content**.

Allow "Sign in with Google" in ZEN apps

Child's profile > **Controls** > **Third-party apps**. Leave on "ask a parent" and approve ZEN · ANICCA and WAT LOKA when the request arrives, or allow sign-in for apps.

Content ratings

Controls > **Google Play** > **Apps & games**: set the highest rating you allow.

Screen time

Screen time > **Daily limit**: ZEN drills take 3–5 minutes, so short daily limits work well.



PART 4 · ALL AGES WITH A PARENT

ZEN · ANICCA

Calm brain games: focus, memory and breathing, built on Bokator

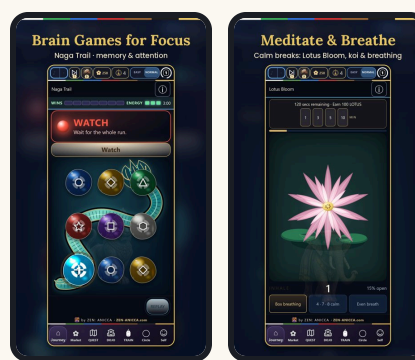


Install

- 1 On the tablet, open the **Camera** and point it at the QR code above, then tap the link. Or open the **Play Store** and search **zen anicca**.
- 2 Tap **Install**. On a child account, the tablet sends a request; a parent taps **Approve** in Family Link.

Sign in to save progress

- 1 Open ZEN · ANICCA and go to your profile. Tap **Sign in with Google**.
- 2 Pick your child's Gmail account. If Family Link asks, a parent approves the sign-in.
- 3 Check the cloud-save status says **Saved to your Google account**. Levels and purchases now follow your child to a new tablet.



Inside ZEN · ANICCA

Playing as a guest saves only on this tablet. Sign in so progress isn't lost if the tablet is reset or replaced.



PART 5 · AGES 13+

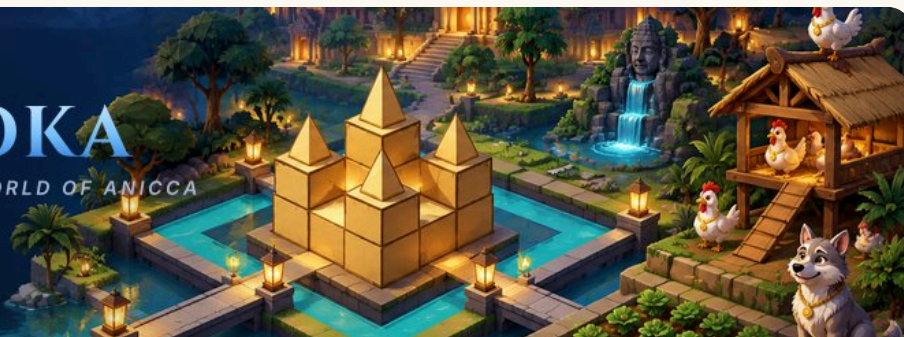
ZEN · WAT LOKA

Build your own Angkor temple world, stone by stone



WAT · LOKA

ZEN · AN IMMERSIVE WORLD OF ANICCA



Install

- 1 Scan the QR code above with the tablet's Camera, or search **wat loka** in the **Play Store** .
- 2 Tap **Install** . If you require approval for all content, approve it in Family Link.

Sign in to save progress

- 1 Open WAT LOKA and tap **Sign in with Google** .
- 2 Choose your teen's Gmail account. Approve in Family Link if asked.
- 3 Use the **same account as ZEN · ANICCA**, so both games belong to one ZEN account and the world is backed up to it.



Inside ZEN · WAT LOKA

Play offline as a guest keeps the world on this tablet only. Your teen can sign in later to back it up.

The WAT LOKA Pass is an optional subscription. With Family Link purchase approvals on, a parent approves it first.

If something doesn't work

"For my child" doesn't appear

Tap **More options** on the sign-in screen. If the tablet skips sign-in, finish setup, then add the child account in **Settings** >

Passwords & accounts .

The app says "Ask a parent"

Open Family Link on either parent's phone and approve the request. Approvals can take a minute to reach the tablet.

Google sign-in fails inside a ZEN app

Check the app is allowed under **Controls** > **Third-party apps** in Family Link, check Wi-Fi, then try again.

Invitation limit reached

Google limits family invitations each month. Wait and try again, or use **g.co/YourFamily** on a computer.

Family record

Keep this somewhere safe. Store passwords in a password manager, not on paper.

Child's Gmail

Parent 1 (family manager)

Parent 2

Tablet screen-lock
PIN known by

Setup date

Our promise

ZEN games are made for calm, safe family play: no chat with strangers, no loot boxes, no ads. ZEN · ANICCA is training for focus and calm, not treatment.

Privacy: zen-anicca.com/privacy.html · Help: ZEN-ANICCA@zensolutionsinc.com



ZEN · ANICCA

Search "zen anicca" on Google Play



ZEN · WAT LOKA 13+

Search "wat loka" on Google Play

Google, Android, Google Play, the Google Play logo and Family Link are trademarks of Google LLC. Steps reflect Google For Families Help as of October 2026; Google may change screens and wording. Zen Solutions, Inc. is not affiliated with your tablet's maker.